

In myself, I believe

I believe in myself. I believe in feeling comfortable in my own skin, and being proud of the way I am unique. I believe my flaws make me beautiful, and that everyone looks so beautiful in their own ways. However, in today's society, people try so hard to be someone everyone admires and no doubt wants to be in their never-ending pursuit of 'perfection'. This competitive spirit is undeniably a force which drives people to be their best, but in today's context, what is 'perfect' defined as? Judging from the lengths people go to achieve physical perfection and become replicas of someone 'perfect', I suppose the definition does not extend beyond the surface of our skin, which is so wrong as it shows people are primarily conscious of physical appearances.

In fact, in order to mask their 'imperfections', people turn to cosmetology and disguise themselves to others as they feel it takes them closer to 'perfection'. Some time back, I was really conscious of my appearance. I felt as if I never looked good enough. Then a new family moved into the apartment adjacent to mine. Turns out their little daughter was severely disfigured after a freak accident, and underwent two skin grafts to cover her scars. Yet she had this brightness shining through her. I think it was because she always wore a smile on her face, had a heart of gold and never let her past affect her present. She taught me that I should never look into the mirror and feel displeased about my appearance; and that I should instead look into it properly, and think to myself that hey, I look beautiful just the way I am!

True beauty comes from within, and applies to not just the surface. In my opinion, the answer to the hotly debated question of 'What is the biggest mistake in make-up?' would be make-up itself. Something as artificial should never be used to conceal physical 'flaws', when these flaws make us who we are.

Personally, I feel there are so many people on this planet who do not hear that they are wonderful as often as they need, or deserve- and it drives them to strive to become replicas of someone they define as 'perfect'. We just have to realize that someone who loves us will look beyond our surface and love what is inside of us.

We are amazing the way we are, and will be even better if we let our true selves shine through. Hence, in myself, I believe.